

# SHOPPING IN TRIESTE

## **LIST OF SHOPS IN TRIESTE WITH DISCOUNTS FOR ICTP SCIENTISTS & STAFF**

Generally, shops in Trieste are open from 8:30/9:00 a.m. to 12:30/1:00 p.m. and from 3:30 p.m. to 7:30/8:00 p.m. and are closed on Sundays & Mondays. Groceries, bakeries and dairies are usually closed on Monday and Wednesday afternoons, but there are several supermarkets which are open Mondays through Sundays.

The largest shopping centre in Trieste, "Torri d'Europa" in via Svevo, is open all week through until 9 p.m, but is closed on Monday morning. The Giulia shopping centre is also open each day of the week, until 7:30 p.m.

Always carry the Centre's ID card or badge with you, as discounts will be accorded upon presentation of the same. Do inform the cashier or salesperson that you are entitled to a discount before he/she makes out the bill/receipt [in Italian: DISCOUNT for ICTP = SCONTO per il Centro di Fisica]. Discounts are not applicable to items on sale.

\*\* Many shops have requested that payments be made either by cash or cheque and NOT via credit cards. If you use credit cards, discounts may not always be applied due to the high interest that shopkeepers in Italy have to pay to the credit card firms.

Please note that every effort has been made to include stores of good repute; no responsibility can be taken by the ICTP for the quality of their goods.

### **Bathroom furniture, accessories, house and garden tiles for every use**

"M.V. CERAMICHE" - Via Pascoli, 5 - tel: 040 761592 - Open 8:30 - 12:30 / 15:30 - 19:30 - closed Sundays and Mondays.

They deal in tiles, all kinds of bathroom accessories, showers, taps, etc. 5% discount.

### **Book Stores**

"LA FENICE"

Via Battisti, 6 - Tel: 040 370275 - Discount: 15%

"ITALO SVEVO"

Corso Italia, 9 [Galleria Rossoni] - Tel: 040 630330 - Discount: 15%.

"GIULIALIBRI"

"Il Giulia" Shopping Center - Via Giulia 75 - tel : 040 577661 - Discount: 10%

"LA LIBRERIA DI DEMETRA"

Via Imbriani, 7 - tel: 040 636067 - Discount 10% (only on books, not on other items).

"LIBRERIA EINAUDI"

Via Coroneo, 1 - tel: 040 634463 - Discount 10%

"LIBRERIA MINERVA"

Via S. Nicolo' 20 - tel: 040 369340 - Discount 10%

### **Car Dealers**

"EUROCAR TRIESTE" - Via Flavia 29 - tel: 040 2440900

Discounts on the purchase of Volkswagen cars (salesman=Fabrizio Pichierri) as well as Audi and Porsche (ask for Antonella Marin). Only for ICTP staff who present their MAE ID Cards.

### **Car, Scooter and Outboard Motor Repairs & Servicing**

"AUTONAUTICA VIGNA" - Via Brunner 3/B (in Viale XX settembre) - tel 040 767724 - Discount 20% - Open Mondays to Fridays 8-12; 14-18.

Carries out mechanic repairs, servicing, blu bollino, on cars, scooters, outboard motors, collection of vehicles, etc.

Nuova carrozzeria "EUROPA", car body repair shop - Via delle Milizie 9/3 -

tel: 040 393380 - Discount 20% Agevolazioni bancarie che di sconto. 8-13/2:30 - 5:30

The owner, Gianni, will give free advice and help to sort out bureaucratic problems connected to damage from third parties. Special payment possibilities possible.

They also rent garages at the same discount rate.

### **Clothes, Sportswear, Accessories, Sports Gear, else**

"GODINA" Department Stores for clothes, shoes, sportswear, sports gear, lingerie, etc., in Via Carducci, 10 Corso Saba, 16 040 370747

a. 10% discount on items marked SN + 3% bonus on net amount paid;

b. 5% discount on items marked SR + 3% bonus on net amount paid.

The 3% bonus can be utilized as a reduction on future purchases.

No discounts will be granted on articles marked with an "S/S" tag or on sale. It is possible to open personal accounts for 6-month installment payments.

"GUINA" clothes store

Via Genova 12 - 040 630109 - Discount 15%

"MAZZORATO" clothes

Via Carducci, 22 - tel: 040 633993 - Discount: 10 %

"SPORTLER 2000"

Il Giulia Centro Commerciale - Via Giulia 75/3 - tel: 040 569848 - Discount 10 %

"TIFFANY"

Via Coroneo, 5 -tel : 040 636575 - 10% discount.

"ABBIGLIAMENTO OBJ by Ozer "

Via Cassa di Risparmio, 11A -tel: 040 368836 - Discount: 10 %

"PLACE VENDOME" - Via Paolo Reti, 1 - tel: 040 365510 - Discount 10%

Accessories for Men: ties, scarves, bow ties, ascot, cufflinks, etc.

"NOOR" - Ladies' wear

We have been accorded a 15 % discount at Noor Clothes in Corso Italia, 29 - tel 040 360008.

Please remember to take your ICTP badge with you and present it to the sales person BEFORE she/he makes out the receipt.

" ARES & VIP " at Duino 4/F [close to the Bowling Alley] - tel: 040 208082

Designer shirts, T-shirts, scarves, bags, wallets, belts, pens, silverware, etc, at factory prices about 40% less than prices sold in shops, [VAT must be added: from 16% to 19%]

It is necessary to call them before going as they open by appointment.

### **Fitness - Gymnasiums**

"CALIFORNIA GYM" in Roiano, in via dei Giacinti nr.2 - tel. 040 4261066 - (under the bridge, to the left after Essepiu' supermarket) accords us the following conditions:

- euro 45/each/month, that includes the possibility of joining at least one course with an instructor free-of-charge;
- no yearly registration fees (euro 25);
- the possibility of using their other 3 California gyms in Trieste if you happen to be on the other side of the town.

### **Furniture Shops**

"CASA MIA" - Via Battisti, 6 (Galleria Fenice) for furniture and decorations for your house  
Tel: 040 639145 - Consultancy and advice on refurnishing your homes.

Discount: 15% on the furniture and other items.

10% discount only on Foppapedretti items.

"CASA DEL MATERASSO"

Discount at Casa del Materasso, Largo Barriera

12/1 - tel: 040-382099

Discounts range from 10-30%, depending on the item. 5% on Tempur products.

Free pillow with every single mattress bought, two per double mattress.

More information on website: [www.casadelmaterassotrieste.it](http://www.casadelmaterassotrieste.it)

Please remember to take your ICTP badge with you and present it to the sales person BEFORE she/he makes out the receipt.

### **Gifts & Souvenirs**

"VETRI DI MURANO"

Small and big gifts for all, posters, cards, key-holders, etc.

Via Torri, 2 [behind the Church of Sant'Antonio] -Tel: 040 630102 - Discount: 10%

### **Hairdressers**

"ANDY & MAX" [via Muratti - opposite Cinema Excelsior] - Tel: 040-768212

English is Spoken.

You can go along to the salon and, on presentation of your ICTP badge, be issued with a card, which gives the right to a discount of 8% on

Cuts, Colours and Perms

The pricelist for badgeholders is the following:

SPECIAL PRICELIST 2007

Taglio + Piegà 28,00 (Cut and blowdry)

Colore + Piegà 36,00 (Colour and blowdry)

Colore + Taglio + Piegà 52,00 (Colour, cut, blowdry)

Permanente + Piegà 33,00 (Perm + blowdry)

Permanente + Taglio + Piegà 73,00 (Perm + cut + blowdry)

### **Herbalists**

"TUTTO SALUTE" - Via Rittmeyer, 7 (close to Piazza Oberdan) - tel: 040 363772

Discount: 10% on packaged items; 20% on "loose" items such as dried herbs & spice.

### **Jewellery: Gold, Silver, Watches & gifts**

Gioielleria 'LAURENTI STIGLIANI' 2 Shops in Largo Santorio 4 -tel: 040 772770 and in Via Ginnastica 7 -tel: 040 774242 for silver, gold, jewellery, gifts, watches, etc.  
Discount 15% (excluding Swatches, Calvin Klein items and goods sold by weight).

"Orologeria - Oreficeria FUNGONE"

Via Ginnastica 28 [close to the Maggiore Hospital] - Tel: 040 370585  
Discount: 5 - 10 %, according to item.

Gioielleria 'JORIO R.' - tel 040 638991

Corso Italia, 3/A - Discount 10%

Gioielleria "CAVALLAR" - 040-630335

Via San Lazzaro 15 - Discount: 10%

### **Lingerie, bathing costumes for women & men**

"LA PERLA"

Via Imbriani, 6 - 040-3480946 - Discount 10%

"PUNTO A CAPO"

Via Colautti, 1 - Tel: 040 301805 - Discount: 10%

### **Massage: see Physiotherapy**

### **Optics: see Photographic Material**

### **Paints & Painting Gear**

"COLORIFICI ITALIA"

Riva Sauro, 20 [after P.zza Unita', in front of the Fish Market] - Tel: 040 303519

Discount: 20%

### **Pastry Shop**

"PASTICCERIA GIORGI "

Via G. Carducci 14 - Open on Mondays too - Tel: 040 7606013 - Discount : 10%

on sweets and pastries of own production (Sacher, Dobos, presnitz, putizza, pinza, etc.).

### **Photographic Material and OPTICS**

"OTTICA TRIESTINA"

Via Carducci, 8 - Tel: 040 362197

Discount: 20% on sunglasses, spectacles, contact lenses & cleaning solutions.

No discounts on Air Titanium and Bugatti frames.

"POZZAR"

Via delle Torri, 2 [behind the Church of Sant'Antonio] - Tel.: 040 631630

Photographic materials, cameras, films, etc.

Discount: variable, depending on items and quantities purchased.

#### "FOTOTECNICA 4"

Via Muratti 4E - (close to via Carducci, downtown) - 040 3480476

Advantageous prices for colour and digital prints, reprints (20% discount), scanning slides, reprinting photos from prints only (discount 20%). New collection spectacles and sun glasses: 20% discount.

#### "VISTASI "

Viale Miramare, 3/B (opposite the train station) - 040 425186

Discount: 20% on frames, 10% on sun glasses, various promotions.

#### "FOTO VIDEO VIALE" - Viale XX settembre, 12 - tel: 040 3721217

Discount: variable according to item.

#### "FOTO OTTICA GAB"

Piazza Unita', 4 - Tel: 040 366896

Discount: 10% on sunglasses; 30% on frames and lenses (not contact lenses).

#### "OPTICAL STUDIO"

Via Ginnastica, 21/b - Tel: 040 370522 - Discount 20% (not on disposable contact lenses)

### **Physiotherapy, Massages, Beauty & Body Care, Facials**

#### "AMANARY SPA - Beauty Centre"

Via di Tor Bandena, 3 - 040 366730 - 20 % discount on manicures, pedicures and depilation, 10% discount on facials, body treatments and massages and sunbeds, 5 % off the price of other special treatments and packages.

#### "FISIOTERAPIA CHIRO"

Via Silvio Pellico 10, 1st fl. (close to Piazza Goldoni) - Tel: 040 7606086 - Discount 15 % on subscription of a cycle of 10 sittings each of the following treatments: physiotherapy, massages, rehabilitation cures.

SHIATZU MASSAGE: Ms. Rossana Serpo does shiatzu massage upon appointment. Tel: 3496030768 - Galleria Fenice, 2 - Discount 15%

PRETTY NAILS: Ms. Barbara is a specialist who takes care of your nails. Manicures with gel: € 20,00 - Complete manicure with lengthener : € 40,00 - Refill - € 20,00. Special treat for ICTP staff and visitors: French or decoration free! Book her services at tel: 3394881806 - 040-280600-Via Frescobaldi, 31.

### **Plants and Garden Accessories**

#### " GARDEN SERVICE MIRAMARE"

Indoor & outdoor plants, fruit trees, bonsais, garden accessories, etc.

Strada Costiera, 6/1 [just opposite the Main Building] - Tel.: 040 224177

Discount: 10%

### **Scooters, Motorcycles, Tricycles, Accessories**

"RODOLFO ROETL SRL" (Piaggio & Gilera) - Via San Francesco, 50 - tel: 040 637373 - Piaggio, Vespa, Gilera motorcycles, 3/4 wheel vehicles, etc.

Discounts: Special offers on vehicles + crash helmet free; 20% discount on accessories, brand name clothes and lubricants; 25% discount on tyres.

### **Scooter Repair works**

Also see above: *Car, Scooter, Outboard Motor Repairs*: AUTONAUTICA VIGNA

" DUEMM MOTO" - Via San Cilino, 2 - tel: 040 55546 - Discount: 15%

### Shoes and leatherware

"FERNANDO"

Via Coroneo, 7 [very close to Piazza Oberdan] - tel: 040 370434 - Discount 13%

"2R Calzature" (Shoes) - Via Filzi, 3/A -tel: 040 631692 - Discount 10%

"CENTRO PELLETTIERIE MIRAMARE" - Via Lamarmora 14 - tel: 040 390770 - Varied discounts on wallets, handbags, belts, etc.

*Feb07*